

## MENTAL HEALTH SUPPORT

We have our very own Mental Health Practitioner in surgery who is able to offer first hand advice. He is there to offer support to those struggling with anxiety and mental health issues.

Must be aged 18 and over to be referred onto this service.

A maximum of 1-2 follow up appointments if clinically appropriate (you will be referred onto a different service if further help and advice needed)

If you would like to book an appointment to speak with our in house MHP, just enquire at reception!

**We offer 30 minute appointments with the MHP every Wednesday morning 08:00 – 11:00**

**Trainee Associate Psychological Practitioner**

Referrals can be made by the MHP to our TAPP for further support.

**Clinics are available every Tuesday morning 09:00 – 12:30**

## PARAMEDICS IN GENERAL PRACTICE

Paramedics are highly trained, degree - level professionals. They have been first responders in a variety of situations. They also see the same types of patients as GPs, and are experts at keeping patients at home and linked to various community teams.

They will be able to carry out assessments and the management of requests for same-day\* urgent home visits, as well as regular visits to homebound patients with long -term conditions and those with learning disabilities who would benefit from a home visit.

**Clinics every Thursday morning from 08:30 – 11:30**

\*if we have the paramedic on site with us on the day



**Bradford Street Surgery**

**SERVICES WE  
OFFER**

**Tel: 01204 521 061**

## MUSCULOSKELETAL HEALTH – MSK PHYSIOTHERAPY

Here to help with conditions that affect your joints, bones, muscles and sometimes associated tissues such as your nerves.

The MSK will assess your condition and:

- Set a plan of action with you with your realistic expectations and goals in mind
- To provide a rehabilitation programme for a specified, referred condition
- To teach self-management with exercises to help reduce recurrence of symptoms
- To escalate to MSK expert services for further management as required if patient not improving

If you would like to book an appointment to speak with our in house MSK, just enquire at reception!

**We offer 30 minute appointments  
with the MSK practitioner in house  
every Thursday afternoon 14:00 –  
16:30**

## PHARMACIST

Clinical pharmacists work with the general practice team to provide medication reviews when needed with patients. They also offer support to the GP by adding medications from hospital letters and consult with and treat patients directly when needed.

This includes providing extra help to manage long-term conditions, advice for those on multiple medicines and better access to health checks.

Having clinical pharmacists in GP practices means that GPs can focus their skills where they are most needed, for example, on diagnosing and treating patients with more complex conditions. This helps GPs to manage the demands on their time.

**We offer 30 minute appointments  
every Thursday with the pharmacist  
between 09:00 – 17:00 for medication  
reviews as long as they are suitable**



## HEALTH IMPROVEMENT PRACTITIONER

A health improvement practitioner is part of a general practice team. They work with patients to achieve goals by providing support regarding lifestyle advice.

What support will they offer?

- NHS Health checks for those who are 40-74 without a chronic condition
- Lifestyle advice
- Advice regarding smoking
- Advice regarding alcohol
- Follow up regarding certain blood results which may require dietary changes
- General health checks for B/P
- Blood tests screening for diabetes
- And more...

**We offer 30 minute appointments  
every Wednesday between 08:00-  
12:00 and 15 minute appointments  
between 13:30 – 16:00**